



SESSION
1

Date: _____

NAME _____ GROUP _____

GROUP 1 GROUP 2 GROUP 3 GROUP 4 GROUP 5 GROUP 6 GROUP 7 GROUP 8
PRESCHOOL PRESCHOOL **3** **4** **5** **6** **7** **8**

8:00	Open Gym							
8:15	Safety Rules							
8:30	Open Gym							
8:45	Open Gym							
9:00	Warm Up/Stretches							
9:15	Roll Call/ Form Groups/ Chants and Cheers							
9:30	Music Circle	Blue Floor	Tramp	Problem Solving	Vault	Pit Rope	Beam	P-Bars
9:45	Pit Rope	Tramp	Camp Games		Quad Bars	Rings	P – Bars	Problem Solving
10:00	Snack		Snack		Beam	Pit Rope	Camp Games	
10:15	Beam	Tumble Tramp	<i>Challenge</i>	<i>Challenge</i>	Snack		Snack	
10:30	Story Time	Beam	Games & Crafts		Camp Games		Tramp	Vault
10:45	<i>Challenge</i>	<i>Challenge</i>	Vault	Tramp	P – Bars	Problem Solving	Rings	Quad Bars
11:00	Games & Crafts		Pit Games		<i>Challenge</i>	<i>Challenge</i>	Quad Bars	P – Bars
11:15			Rings	Quad Bars	Vault	P – Bars	<i>Challenge</i>	<i>Challenge</i>
11:30	Parachute		P – Bars	Beam	Pit Games		<i>Relays</i>	
11:45	Camp Games		<i>Relays</i>		Rings	Vault	Problem Solving	Beam
12:00	LUNCH							
12:15								
12:30	Blue Floor							
12:35	Open Gym							
1:00	Open Gym							

CAMP

ASI

SESSION
2

Date: _____

NAME

GROUP

GROUP GROUP GROUP GROUP GROUP GROUP GROUP GROUP
1 **2** **3** **4** **5** **6** **7** **8**
PRESCHOOL PRESCHOOL

1:00	Open Gym							
1:15	Safety Rules							
1:30	Open Gym							
1:45	Open Gym							
2:00	Warm Up/Stretches							
2:15	Roll Call/ Form Groups/ Chants and Cheers							
2:30	Music Circle	Tramp	Quad Bars	Kidz Gym	Blue Floor	Tumble Tramp	Vault	Beam
2:45	Kidz Gym	Music Circle	Tramp	Beam	Challenge	Blue Floor	Pit Rope	Rings
3:00	Challenge	Kidz Gym	Rings	Vault	Beam	Quad Bars	Tramp	Blue Floor
3:15	Camp Games		Pit Games		Tramp	Vault	Challenge	Quad Bars
3:30	Tramp	Challenge	Beam	Quad Bars	Camp Games		Rings	Vault
3:45	Pit Games		Blue Floor	Tramp	Games & Crafts		Beam	Challenge
3:55	Snack		Snack		Vault	Tramp	Quad Bars	P Bars
4:10	Story Time		Quad Bars	Problem Solving	Snack		Snack	
4:25	Parachute		Games & Crafts		Pit Games		P Bars	Problem Solving
4:40	Blue Floor	Beam			Problem Solving	Rings	Vault	Pit Rope
4:55	Tumble Tramp	Blue Floor	Challenge	Rings	Quad Bars	P Bars	Games & Crafts	
5:10	Games & Crafts		Vault	Challenge	P Bars	Beam	Pit Games	
5:25			Problem Solving	Pit Rope	Rings	Challenge	Camp Games	
5:40	Pit Games	Pit Games	Pit Games	Pit Games	Pit Games	Pit Games	Pit Games	Pit Games
5:55	Socks and Shoes							