

American Ninja Warrior

ASI Plano West

February 7, 2016

Doors Will Open 15 Minutes Prior to Open Stretch

Sunday February 7, 2016

Session 1

Level 1: ASI Arlington, ASI Cypress, ASI Firewheel, ASI Lake Highlands, ASI Mesquite, ASI Plano West

Level 2: ASI Firewheel, ASI Keller, ASI Lake Highlands, ASI Rockwall, Recruitz

Level 3: ASI Allen, ASI Arlington, ASI Firewheel, ASI Mesquite, ASI Plano West, ASI Rockwall, Recruitz

Level 4: ASI Allen, ASI Arlington, ASI Firewheel, ASI Keller, ASI Lake Highlands, ASI Mesquite

Coaches' Meeting 9:00 AM - 9:05 AM

Open Stretch 9:05 AM - 9:20 AM

Event Warm Up 9:20 AM - 10:20 AM

March In 10:20 AM - 10:30 AM

Competition 10:30 AM - 12:00 PM

Awards 12:00 PM - 12:30 PM