

2016 Sand Dollar/Whitlow Invitational

Preliminary Schedule
Saturday, January 23, 2016
Jostens Center

Gym D-Modified Capital Cup

Session 5 – Women's Level 8

8:00 AM: General Stretch
8:30 AM: Timed Warm/Competition
11:30 AM: Awards

Participating Gyms:

Campia	Perfection
Charleston Twisters	Precision - TX
Elite-FL	Sonshine
Gulf Breeze	Southeastern
Gym Nation	Sterling
Interactive	TumbleBees
LaFleur's Largo	US Gold

Session 6 – Women's Level 8

11:30 AM: General Stretch
12:00 PM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

Alabama Elite	JET
All Pro	LTD Academy
ASI-Woodlands	Orlando Metro
Barron	R-Athletics
Dinamo	Rebound
Elite World	Stars
First In Flight	Tataru's
Flip Stars	USGTC
Gymnators	Victory
Intensity	

Session 7– Women's Level 6/8

3:00 PM: General Stretch
3:30 PM: Timed Warm/Competition
6:30 PM: Awards

Participating Gyms:

360 (L8)	Islands Y (L6)
All Around (L6)	KPAC (L8)
Armory (L6)	Lake Murray (L6)
Cabarrus County (L8)	LTD Academy (L6)
Charleston Twisters (L6)	M & M (L6)
Coast Elite (L8)	Shooting Starz (L8)
DK (L8)	Swiss Turners (L6)
Gymsport (L8)	Tumbleweeds (L8)
High Performance (L6)	USGTC (L6)

Level 8 Team Awards

Session 8–Women's Level 7

6:30 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM Awards

Participating Gyms:

Aim High	First In Flight
All Pro	Gym X-Treme
Apollo - VA	Gymsport
ASI-Firewheel	Mannettes
Barron	Northwind
ConXion	Premier-Lexington
Dunne's	Shooting Starz
Dynamic	

Gym E-Modified Capital Cup

Session 5 – Women's Level 6

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:30 AM: Awards

Participating Gyms:

Air Force	LTD Academy
All Pro	Northwind (11)
ASI-Firewheel	Orlando Metro
ASI-Woodlands	Precision-GA
Flip Stars	Saltos
Gymnators	Tots & Tumblers
Gymsport	

Session 6 – Women's Level 6

11:30 AM: General Stretch
11:50 AM: Timed Warm/Competition
3:00 PM: Awards

Participating Gyms:

Dynamo (11)	Shooting Starz
Gulf Coast	Sonshine
Gym Nation	Sterling
Interactive	Tumbleweeds
Northwind (9)	VIGS

Session 7– Women's Level 6

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:30 PM: Awards

Participating Gyms:

Dynamo (10)	Premier-Lexington
Elite-FL	Rebound
LaFleur's Largo	Superior
Phantom	Tataru's
Precision-TX	Victory

Level 6 Team Awards

Session 8 – Women's XCEL Platinum & Diamond

6:30 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM: Awards

Participating Gyms:

Bayshore Elite	Lakewood Ranch
Cabarrus County	Leaps and Bounds
CATS-Jupiter	Phantom
Dulles	Premier-Lexington
Gym Like This	TGR
High Performance	Top Flight
IK	

XCEL Platinum Team Awards