

# 2017 Sand Dollar/Whitlow Invitational

## Final Schedule

This is the final schedule for the 2017 Sand Dollar/Whitlow Invitational. Please check the web site ([www.egoboosters.org](http://www.egoboosters.org)) prior to leaving for Orlando for the final session start times. Requests to change sessions at this point cannot be honored. We will have 6 gyms running simultaneously. Gyms A, B, C, D (Saturday only) will run in the HP Field House and Gym E & F in the Jostens Center. Gym B will be utilized for men's competition. Gyms A, C, D, E & F will hold Women's Competition. Be sure to check for your club in all six gyms! Individual awards follow each session..

### HP Field House

#### GYM A – Modified Capital Cup

**Friday, January 20, 2017**

##### Session 1 – Women's Level 5

8:00 AM: General Stretch  
8:15 AM: Timed Warm/Competition  
10:25 AM: Awards

###### Participating Gyms:

Arnold's	Rebound - AZ
Gainesville	Thomasville
Golden City	Twistars USA
JAG	Ultimate - IL
Mountain West	VIGS
Orlando Metro	World Cup

##### Session 2 – Women's Level 5

10:25 AM: General Stretch  
10:40 AM: Timed Warm/Competition  
1:00 PM: Awards

###### Participating Gyms:

ASI	Paragon
Eclipse	Precision - GA
Gravity Forged	Summit - TN
Head Over Heels	TAG USA
Mid-Michigan	WISC

###### Level 5 Team Awards

##### Session 3 – Women's Level 4

1:00 PM: General Stretch  
1:15 PM: Timed Warm/Competition  
4:00 PM: Awards

###### Participating Gyms:

All American	Gym Nest
Arnold's	Indian River
ASI	Islands
Countryside	Paragon
Eclipse	Thomasville
Gainesville	Tumbleweeds - GA
Gravity	Twistars USA (16)
Gravity Forged	

##### Session 4 – Women's Level 4

4:00 PM: General Stretch  
4:15 PM: Timed Warm/Competition  
7:00 PM: Awards

###### Participating Gyms:

ASI	Southern Starz
Golden City	Twistars USA (14)
Orlando Metro (8)	Ultimate - IL
Ozark Mountain	World Cup
Precision - GA	

**Friday, January 20, 2017**

##### Session 5 – Women's Level 4

7:00 PM: General Stretch  
7:15 PM: Timed Warm/Competition  
10:00 PM: Awards

###### Participating Gyms:

Coast Elite	Southern Stars
Head Over Heels	Summit - TN
High Performance	Triumph
Mid-Michigan	VIGS
Nishida's	WISC
Orlando Metro (10)	

###### Level 4 Team Awards

**Saturday, January 21, 2017**

##### Session 6 – Women's XCEL Silver

8:00 AM: General Stretch  
8:15 AM: Timed Warm/Competition  
10:45 AM: Awards

###### Participating Gyms:

High Performance	Sandhills
Islands	Southern Stars
Jam Hops	TGR
Meadowview	West Broward
New Bern	WISC

##### Session 7 – Women's XCEL Silver

10:45 AM: General Stretch  
11:00 AM: Timed Warm/Competition  
1:30 PM: Awards

###### Participating Gyms:

Bay City – FL (10)	Gym World
Coast Elite	Mid-Michigan
Dulles	Palm Coast
Giguere's	Precision - GA
Gravity	TAG USA
Gym Like This	Tumblebees-Jupiter

##### Session 8 – Women's XCEL Silver

1:30 PM: General Stretch  
1:45 PM: Timed Warm/Competition  
4:15 PM: Awards

###### Participating Gyms:

Bay City – FL (10)	Metro South
Champion	Morgan's
G. USA	Port City
Golden City	Titanium
Lakewood Ranch	Ultimate - IL

###### XCEL Silver Team Awards