

Weekend with the Girls

ASI Plano West

April 22-23, 2017

Doors Will Open 15 Minutes Prior to Open Stretch

Saturday April 22, 2017

Session 1

Level 6: All Divisions

Level 7: All Divisions

Level 8: All Divisions

Level XG: All Divisions

Level XP: All Divisions

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 11:50 AM

Session 2

Level 4: Divisions 5, 6 & 7

Level 5: All Divisions

Xcel Silver: All Divisions

Coaches' Meeting 12:50 PM

Open Stretch 12:55 PM

March In 1:15 PM

Competition 1:25 PM

Awards 4:30 PM

Saturday April 22, 2017

Session 3

Level 3P: All Divisions

Coaches' Meeting 5:30 PM

Open Stretch 5:35 PM

March In 5:55 PM

Competition 6:05 PM

Awards 8:20 PM

Sunday April 23, 2017

Session 4

Level 4: Division 1, 2, 3 & 4

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 12:05 PM

Session 5

Level 1: Impact Athletic, T3 Elite

Level 2: Ignite Gymnastics, T3 Elite, United Elite

Level 3A: Ignite Gymnastics

Xcel Bronze: Elevate Gymnastics, JCC, Texas Dreams

Coaches' Meeting 1:05 PM

Open Stretch 1:10 PM

March In 1:30 PM

Competition 1:40 PM

Awards 3:20 PM

Session 6

Level 1: Olympo Gymnastics, Spirals Gymnastics

Level 2: Impact Athletic, Olympo Gymnastics, Prosper Athletics

Level 3A: Impact Athletic, Plano Aerobats, Texas Dreams

Coaches' Meeting 4:00 PM

Open Stretch 4:05 PM

March In 4:25 PM

Competition 4:35 PM

Awards 6:35 PM