

Practice Makes Perfect

ASI Firewheel

December 6 & 7, 2014

Saturday December 6, 2014

Session 1

Level 1: ASI Allen (Coach Jennifer), ASI Keller (Coach Calise, Marissa, Nicole),
ASI Plano West (Coach Laura), ASI Rockwall

Level 3: ASI Firewheel, ASI Keller, ASI Rockwall, East Texas Twisters Mineola

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:20 AM

Competition 8:30 AM

Awards 10:30 AM

Session 2

Level 3: ASI Allen, ASI Arlington, ASI Lake Highlands, East Texas Twisters Canton

Level 4: ASI Arlington, ASI Firewheel, ASI Keller, ASI Lake Highlands,
East Texas Twisters Canton, East Texas Twisters Mineola

Level 6/7: ASI Firewheel

Coaches' Meeting 11:05 AM

Open Stretch 11:10 AM

March In 11:25 AM

Competition 11:35 AM

Awards 2:35 PM

Saturday December 6, 2014

Session 3

Level 1: ASI Firewheel (Coach Ann-Marie)

Level 2: ASI Keller (Coach Kyle), ASI Lake Highlands, ASI Rockwall,
East Texas Twisters Canton, East Texas Twisters Mineola

Coaches' Meeting 3:10 PM

Open Stretch 3:15 PM

March In 3:30 PM

Competition 3:40 PM

Awards 5:40 PM

Session 4

Level 1: ASI Firewheel (Coach Melyssa), ASI Lake Highlands (Coach Alyssa),
ASI Plano West (Coach Brittney, Whitney), East Texas Twisters Canton,
East Texas Twisters Mineola

Coaches' Meeting 6:15 PM

Open Stretch 6:20 PM

March In 6:35 PM

Competition 6:45 PM

Awards 8:25 PM

Sunday December 7, 2014

Session 5

Level 2: ASI Allen, ASI Arlington, ASI Firewheel, ASI Keller (Coach Nicole, Sam, Taryn),
ASI Mesquite, ASI Plano West

Level 3: ASI Plano West

Coaches' Meeting 9:00 AM

Open Stretch 9:05 AM

March In 9:20 AM

Competition 9:30 AM

Awards 11:30 AM

Session 6

Level 1: ASI Allen (Coach Anna, Casey, Jazmyn), ASI Arlington, ASI Keller (Coach Sam),
ASI Lake Highlands (Coach Brittany), ASI Mesquite

Coaches' Meeting 12:05 PM

Open Stretch 12:10 PM

March In 12:25 PM

Competition 12:35 PM

Awards 2:20 PM