

# Practice Makes Perfect

## ASI Cypress

December 13, 2014

**Saturday December 13, 2014**

### **Session 1**

Level 1: ASI The Woodlands (Coach Erika/Abigayle Tuesday @ 6pm Class)  
ASI The Woodlands (Coach Marina/Michella Wednesday @ 5:30pm Class)  
ASI The Woodlands (Coach Michella/Alex Friday @ 5:00pm Class)

Level 3: ASI The Woodlands

Level 6/7/8: ASI The Woodlands

Coaches' Meeting 9:00 AM

Open Stretch 9:05 AM

March In 9:25 AM

Competition 9:35 AM

Awards 11:35 AM

### **Session 2**

Level 1: ASI Cypress  
ASI The Woodlands (Coach Michella Monday @ 5pm Class)  
ASI The Woodlands (Coach Erika Thursday @ 4:30pm Class)  
ASI The Woodlands (Coach Marina Saturday @ 10am Class)

Level 2: ASI Cypress, ASI The Woodlands

Coaches' Meeting 12:10 PM

Open Stretch 12:15 PM

March In 12:35 PM

Competition 12:45 PM

Awards 2:00 PM