

2025 SVETLANA BOGUINSKAIA INVITATIONAL SCHEDULE

Thursday, February 27, 2025

Session 1: Xcel Bronze

(Modified Capital Cup)

General Stretch	5:30pm
Team Introductions	5:45pm
Flight A Warm up	5:50pm
Awards	8:00pm

Gyms: Alpha Omega, Champions, Discover, Enrich, HGC, Iron Cross, Katy Gymnastics, Rowland/Ballard, Sugar Land

Friday, February 28, 2025

Session 2: Xcel Bronze

(Modified Capital Cup)

General Stretch	8:00am
Team Introductions	8:15am
Flight A Warm Up	8:20am
Awards	10:30am

Gyms: Alamo, All American, Basels, Elevate Athletics, Fearless, Kips, LOBO, Mimi's, TNT Elite, Texas Star, The Wolf Gymnastics, Thornton's

Session 3: Xcel Silver

(Modified Capital Cup)

General Stretch	11:15am
Team Introductions	11:30am
Flight A Warm Up	11:35am
Awards	1:45pm

Gyms: All American, Basels's, Discover, Elevate Athletics, Mimi's, Stars, Sugar Land, Texas Star, The Wolf Gymnastics, Thornton's

Session 4: Xcel Silver

(Modified Capital Cup)

General Stretch	2:30pm
Team Introductions	2:45pm
Flight A Warm Up	2:50pm
Awards	5:00pm

Gyms: Alamo, Champions, Enrich, Fearless, HGC, Iron Cross, K2 Academy, Katy Gymnastics, LOBO, Rowland/Ballard, TNT Elite, XLR8

Session 5: Xcel Gold

(Modified Capital Cup)

General Stretch	5:45pm
Team Introductions	6:00pm
Flight A Warm Up	6:10pm
Awards	9:15pm

Gyms: ASI Woodlands, Basels, Champions, Cypress-Blackhorse, Cypress-Woodlands, Cypress-Kuykendahl, Enrich, Iron Cross, Rowland/Ballard, Thornton's, XLR8

2025 SVETLANA BOGUINSKAIA INVITATIONAL SCHEDULE

Saturday, March 1, 2025

Session 6: Level 6

General Stretch	8:00am
Team Introductions	8:20am
Flight A Warm Up	8:30am
Awards	10:30am

Gyms: Above the Bar, Bannon's, Basels, Brazos Valley, Champions, Endurance Elite, Love, REFLEX, Sugar Land, World Champions Centre

Session 7: Level 6/7

General Stretch	11:15am
Team Introductions	11:35am
Flight A Warm Up	11:45am
Awards	2:15pm

Level 6 Gyms: ASI Woodlands, All American, All Stars Unlimited, Discover, K2 Academy, Maximum-Conroe, Moxie, Olympia, TAAG, XLR8

ALL LEVEL 7 GYMS

Session 8: Level 8

General Stretch	3:00pm
Team Introductions	3:20pm
Flight A Warm Up	3:30pm
Awards	5:00pm

Session 9: Level 9/10 & XD/XSAP

General Stretch	5:45pm
Team Introductions	6:05pm
Flight A Warm Up	6:15pm
Awards	9:15pm

Sunday, March 2, 2025

Session 10: Xcel Platinum

General Stretch	8:00am
Team Introductions	8:20am
Flight A Warm Up	8:30am
Awards	11:00am

Session 11: Xcel Gold

General Stretch	11:30am
Team Introductions	11:45am
Flight A Warm Up	11:55am
Awards	3:00pm

Gyms: Alamo, Brazos Valley, Cypress-Huffmeister, Discover, Elevate Athletics, HGC, LOBO, Stars, Sugar Land, TNT Elite, Texas Star, The Wolf Gymnastics

Session 12: Level 2 & Level 3

General Stretch	3:30pm
Team Introductions	3:15pm
Flight A Warm Up	3:25pm
Awards	6:00pm

Session 13: Level 4 & Level 5

General Stretch	6:30pm
Team Introductions	6:45pm
Flight A Warm Up	6:55pm
Awards	8:30pm