

Saturday, July 11 2026

FINA							
Speed			Endurance			N vs N	
2 runs each			1 run each			2+ runs	
8am		Amateur Walkthru / Wave 0/1	13U Male Walkthru / Wave 0		YA Male Walkthru / Wave 0		
		Wave 2	Wave 1	13U Female Walkthru / Wave 0	Wave 1	11U Walkthru	7U Walkthru / Wave 1
10am	9U Male Walkthru / Wave 0	9U Female Walkthru / Wave 0	Wave 3	Wave 2	Wave 1	Wave 2	Wave 1/2
	Wave 1	Wave 1	Wave 4	Wave 3	Wave 2	Wave 3	Wave 3/4
12pm	Wave 2	Wave 2		Wave 4	Wave 3	Wave 4	Wave 5/6
	Wave 3	Wave 3	Masters Walkthru / Wave 0	Wave 5	Wave 4	Wave 5	Wave 7/8
2pm	Wave 4	Wave 4	Wave 1	Wave 6	Wave 5	Wave 6	
		Wave 5	Wave 2	Wave 7	Wave 6	Wave 7	Wave 9/10
4pm	Wave 5		Wave 3		YA Female Walkthru / Wave 0	Elite Male Walkthru / Wave 0	Wave 11/12
	Wave 6		Wave 4		Wave 1	Wave 1	Wave 13/14
6pm	Wave 7		Wave 5	Elite Female Walkthru / Wave 0/1	Wave 2	Wave 2	
	Wave 8		Wave 6	Wave 2	Wave 3	Wave 3	
8pm							

Waves are determined by overall season and Sectional results

***Speed and NvN feature two athlete runs on the course. Both runs will take place during the SAME wave. Once you have completed your first run, DO NOT LEAVE! Everyone will do their second runs in the same order as the first runs.**

Opening Ceremony 8:15-8:30

	Walkthru Starts	Wave 1 Begins	Wave 0 begins (if needed)*
7U	9:00	9:30	
9U Male	10:30	11:00	10:50
9U Female	10:30	11:00	10:50
11U	9:30	10:00	
13U Male	8:30	9:00	8:50
13U Female	9:30	10:00	9:50
Young Adult Male	8:30	9:00	8:50
Young Adult Female	4:30	5:00	4:50
Amateur	8:00	8:40	8:30
Masters	1:30	2:00	1:50
Elite Male	4:30	5:00	4:50
Elite Female	6:00	6:30	6:20

Awards	12:30	4:30	8:30	9:00
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***Wave 0 will be utilized if we add additional competitors after the run orders are published.**

Sunday, July 12 2026

FINA							
Speed			Endurance			N vs N	
2 runs each			1 run each			2+ runs	
8am	13U Walkthru / Wave 0				11U Male Walkthru / Wave 0	9U Walkthru / Wave 1	Amateur Walkthru / Wave1
	Wave 1	YA Walkthru / Wave 0	7U Walkthru/ Wave 0/1		Wave 1	Wave 2/3	Wave 2
10am	Wave 2	Wave 1	Wave 2	11U Female Walkthru / Wave 0/1	Wave 2	Wave 4/5	Wave 3
	Wave 3	Wave 2	Wave 3	Wave 2	Wave 3	Wave 6/7	Amateur Finals
12pm	Wave 4	Wave 3	Wave 4	Wave 3	Wave 4	Wave 8/9	
2pm	Wave 5	Wave 4	Elite Walkthru / Wave 0	Wave 5	Wave 4	Wave 5	Masters Walkthru / Wave 1
	Wave 6	Wave 5	Wave 1	Wave 6	Wave 5	Wave 6	Wave 12/13
4pm	Wave 7	Wave 6	Wave 2	Wave 7	Wave 6	Wave 7	Wave 14/15
	Wave 8	Wave 7	Wave 3	Wave 8	Wave 7	Wave 8	Wave 6/7
6pm	Wave 9		Wave 4	Wave 9			9U Finals
							Masters Finals
8pm							

Waves are determined by overall season and Sectional results

*Speed and NvN feature two athlete runs on the course. Both runs will take place during the SAME wave. Once you have completed your first run, DO NOT LEAVE! Everyone will do their second runs in the same order as the first runs.

Season Point Awards 1:30-1:45

	Walkthru Starts	Wave 1 Begins	Wave 0 begins (if needed)*
7U	9:00	9:30	9:20
9U	8:00	8:30	
11U Male	8:30	9:00	8:50
11U Female	10:00	10:30	10:20
13U	8:30	9:00	8:50
Young Adult	9:30	10:00	9:50
Amateur	8:00	8:30	
Masters	2:00	2:30	
Elite	2:30	3:00	2:50

Awards	1:00	6:30	7:30	9:00
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*Wave 0 will be utilized if we add additional competitors after the run orders are published.

Monday, July 13 2026

FINA							
Speed			Endurance			N vs N	
2 runs each			1 run each			2+ runs	
8am				9U Male Walkthru / Wave 0/1		Elite Walkthru	
	11U Male Walkthru / Wave 0		7U Walkthru / Wave 0/1	9U Female Walkthru / Wave 0/1	Wave 2	Masters Female Walkthru / Wave 0/1	Wave 1/2
10am	Wave 1		Wave 2	Wave 2	Wave 3	Wave 2	Wave 3/4
	Wave 2		Wave 3	Wave 3	Wave 4	Wave 3	Wave 3/4
12pm	Wave 3	11U Female Walkthru / Wave 0/1	Wave 4	Wave 4	Wave 5	Wave 4	Wave 5/6
	Wave 2		Wave 5	Wave 6			
2pm	Wave 4	Wave 3	Wave 5	Wave 6	Wave 7	Masters Male Walkthru / Wave 0/1	Wave 7/8
	Wave 5	Wave 4	Wave 6	Wave 7	Wave 8	Wave 2	Wave 2/3
4pm	Wave 6	Wave 5	Wave 7		Wave 9	Wave 3	Wave 4/5
			Wave 8	Amateur Male Walkthru / Wave 0/1	Amateur Female Walkthru/Wave 0	Wave 4	Wave 6/7
6pm			Wave 9	Wave 2	Wave 1	Wave 5	Wave 8 and Finals
				Wave 3	Wave 2		YA Finals
8pm							

Waves are determined by overall season and Sectional results

**Speed and NvN feature two athlete runs on the course. Both runs will take place during the SAME wave. Once you have completed your first run, DO NOT LEAVE! Everyone will do their second runs in the same order as the first runs.*

ATP Strength and Conditioning Clinic 10:00-11:00

	Walkthru Starts	Wave 1 Begins	Wave 0 begins (if needed)*
7U	9:00	9:30	9:20
9U Male	8:00	8:30	8:20
9U Female	9:00	9:30	9:20
11U Male	9:30	10:00	9:50
11U Female	12:00	12:30	12:20
13U	9:30	10:00	
Young Adult	2:00	2:30	
Amateur Male	5:00	5:30	5:20
Amateur Female	5:30	6:00	5:50
Masters Male	2:00	2:30	2:20
Master Female	9:00	9:30	9:20
Elite	8:30	9:00	

Awards	1:00	5:30	7:30	8:30
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**Wave 0 will be utilized if we add additional competitors after the run orders are published.*

Awards Schedule

Saturday

12:30	4:30	8:30	9:00
Am. Female Speed	9U Female Speed	9U Male Speed	YA Female Endurance
Am. Male Speed	13U Female Endurance	Mas. Female Speed	Elite Male Endurance
	13U Male Endurance	Mas. Male Speed	Elite Female Endurance
	YA Male Endurance	11U Female NvN	
	7U Female NvN	11U Male NvN	
	7U Male NvN		

Sunday

1:00	6:30	7:30	9:00
Am. Female NvN	YA Female Speed	13U Female Speed	Mast. Female NvN
Am. Male NvN	YA Male Speed	13U Male Speed	Mast. Male NvN
	11U Female Endurance	Elite Female Speed	
	11U Male Endurance	Elite Male Speed	
		7U Male Endurance	
		7U Female Endurance	
		9U Female NvN	
		9U Male NvN	

Monday

1:00	5:30	7:30	8:30
Elite Female NvN	9U Female Endurance	7U Female Speed	YA Female NvN
Elite Male NvN	9U Male Endurance	7U Male Speed	YA Male NvN
Mas. Female Endurance	11U Female Speed	Mast. Male Endurance	Am. Female Endurance
Elite WC - BOTH	11U Male Speed	13U Female NvN	Am. Male Endurance
Masters WC - FEMALE	9U WC - BOTH	13U Male NvN	Young Adult WC - BOTH
	11U WC - BOTH	7U WC - BOTH	Amateur WC - BOTH
		Masters WC - MALE	
		13U WC - BOTH	

WC - World Championship

If an event runs completely past it's designated awards time, a new award time will be announced on Facebook and at the venue directly after the conclusion of the event.