



# 2026 Valeri Liukin Invitational Final Schedule

## The Star- 9 Cowboys Way, Frisco, TX 75034

### February 20-22, 2026

As of 1/23		Friday, February 20, 2026	
		GYM 5	
Session 1	Start 1:00PM	<u>Level 6</u> 5280, Champion, Champion Gymnastics, Extreme, Jahns, LA Gym Club, Powerhouse TNT, RGA, Southlake, TX Dreams, Wimbleton, WOGA, Zenith	
	Warmup/ Compete 1:20PM	<u>Level 7</u> Champion, Champion Gymnastics, Eagle, GBC, Gim Mex, Gym Sport Center, Heart of Texas, Kinetic, KMC, LA Gym Club, MEGA, Mercury, Powerhouse TNT, SGC, Southlake, Star Center, Texas Dreams, Thames Valley, The Gravity Forge, Westside Academy, Xtreme	
Session 2	Start 5:30PM	<u>Level 8</u> 5280, Alamo, Champion, Eagle, Endurance Elite, Extreme, Heart of Texas, Jahns, MEGA, NTS, Powerhouse TNT, Pro, Ridgewood, SGC, Southlake, TAGS, Texas Dreams, Thames Valley, The Gravity Forge, Westside, Wimbleton, WOGA	
	Warmup/ Compete 5:50PM		



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**Saturday, February 21, 2026**

<b>Session 3</b> Start 9:30AM  Warmup/ Compete 9:50AM	<b><u>Level 9</u></b>  5280, Alamo, Champion, Champion Gymnastics, Eagle, Extreme, Jahns, KMC, Mercury, NTS, Powerhouse TNT, Pro, Ridgewood, ROGA, SGC, Southlake, TAGS, Texas Dreams, Thames Valley, The Gravity Forge, Westside, WOGA, Zenith
<b>Session 4</b> Start 1:00PM  Warmup/ Compete 1:20PM	<b><u>Level 10JN</u></b>  5280, Alamo, Champion, Champion Gymnastics, Eagle, Endurance Elite, Jahns, Kinetic, KMC, LA Gym Club, MEGA, Mercury, NTS, Powerhouse TNT, ROGA, SGC, Texas Dreams, The Gravity Forge, Westside, WOGA
<b>Session 5</b> Warm up all events 5:00PM Competition 6:15PM (30 sec before each event)	<b><u>Level 10JE &amp; Elite</u></b>  5280, Alamo, Champion, JGA, OGC, Pro, Puerto Rico, Southlake, Texas Dreams, WOGA



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Sunday, February 22, 2026

GYM 5	
<b>Session 6</b> Start 8:00AM  Warmup/ Compete 8:20AM	<u><b>Level 3</b></u>  ASI Firewheel, Eagle, Endurance Elite, Gym Sport Center, Heart of Texas, Jahns, LA Gym Club, NTS, Powerhouse TNT, Revolution, Southlake, Texas Dreams, Texas East, Wimbleton, WOGA
<b>Session 7</b> Start 11:30AM  Warmup/ Compete 11:50AM	<u><b>Level 4</b></u>  ASI Firewheel, CFG, Champion Gymnastics, Eagle, Gim Mex, Gym Sport Center, Heart of Texas, Jahns, Majestic, NETXE, Powerhouse TNT, RGA, SAGA, Southlake, Star Center, Texas Dreams, Texas East, Wimbleton, WOGA, Xtreme, Zenith
<b>Session 8</b> Start 2:45PM  Warmup/ Compete 3:05PM	<u><b>Level 5 &amp; Platinum</b></u>  CFG, Champion, Champion Gymnastics, Endurance Elite, Gim Mex, Jahns, LA Gym Club, NTS, Powerhouse TNT, SGC, Southlake, Star Center, Texas Dreams, Texas East, Thames Valley, Wimbleton, WOGA, Xtreme, Zenith, Zero Gravity