



Hosted By: ASI Lakewood

January 16-17, 2021

All COVID-19 guidelines are subject to change at any point.

Doors will open 15 minutes prior to open stretch. All COVID-19 State and Local guidelines will be followed. **Please note up to 2 guests will be allowed with each athlete. This includes children ages 3+. We will be counting the number of attendees for each athlete at the door.** Masks are required for all spectators 10 years and older. Athletes will be required to wear a mask during open stretch and between rotations. More specific regulations and parameters will be provided closer to the meet weekend.

Saturday January 16, 2021

Session 1

Level 1: ASI Firewheel, ASI Lakewood, ASI Mesquite (Coach Jon), ASI Rockwall

Coaches' Meeting 2:00 PM

Open Stretch 2:05 PM

Competition 2:20 PM

Awards 3:25 PM

Session 2

Level 2: ASI Arlington (Coach Olivia & Coach Dee Dee), ASI Firewheel, ASI Keller, ASI Lakewood

Level XB: Burleson Stars

Coaches' Meeting 4:25 PM

Open Stretch 4:30 PM

Competition 4:45 PM

Awards 6:00 PM

Sunday January 17, 2021

Session 3

Level 2: ASI Allen, ASI Arlington (Coach Tiffany & Coach Vincent), ASI Mesquite, ASI Plano West, ASI Rockwall

Coaches' Meeting 9:00 AM

Open Stretch 9:05 AM

Competition 9:20 AM

Awards 10:30 AM

Session 4

Level 1: ASI Allen, ASI Arlington, ASI Keller, ASI Mesquite (Coach Allison), ASI Plano West

Coaches' Meeting 11:30 AM

Open Stretch 11:35 AM

Competition 11:50 AM

Awards 1:00 PM