UPDATED 02/18/21

Hosted By: ASI Lakewood
February 20-21, 2021
All COVID-19 guidelines are subject to change at any point.

Doors will open 15 minutes prior to open stretch. All COVID-19 State and Local guidelines will be followed. **Please note up to 2 guests will be allowed with each athlete. This includes children ages 3+. We will be counting the number of attendees for each athlete at the door.** Masks are required for all spectators 10 years and older. Athletes will be required to wear a mask during open stretch and between rotations. More specific regulations and parameters will be provided closer to the meet weekend.

Saturday February 20, 2021

Session 1

Level 4:   ASI Lakewood, ASI Mesquite, ASI Plano West, ASI Rockwall, Irving Gymnastics

Level 5:   ASI Arlington, ASI Lakewood

Coaches' Meeting	1:30 PM
Open Stretch	1:35 PM
March In	1:55 PM
Competition	2:00 PM
Awards	3:10 PM

Session 2

Level 3 (All Divisions):   ASI Allen, ASI Arlington, ASI Firewheel, ASI Keller, ASI Lakewood, ASI Plano West, Irving Gymnastics

Coaches' Meeting	4:00 PM
Open Stretch	4:05 PM
March In	4:25 PM
Competition	4:30 PM
Awards	6:00 PM

Sunday February 21, 2021

Session 3

Level 2:	Irving Gymnastics
Level XB:	East Texas Gymnastics, Spirals Gymnastics
Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:20 AM
Competition	8:25 AM
Awards	9:35 AM

Session 4

Level 6 & 7:	Irving Gymnastics
Level XG:	ASI Arlington, ASI Lakewood, Boerne Gymnastics, East Texas Gymnastics, GymTricks Gymnastics
Level XP:	Boerne Gymnastics, East Texas Gymnastics
Level XD:	East Texas Gymnastics
Coaches' Meeting	10:25 AM
Open Stretch	10:30 AM
March In	10:50 AM
Competition	10:55 AM
Awards	1:20 PM

Session 5

Level XS (All Divisions):	ASI Allen, ASI Firewheel, ASI Keller, ASI Lakewood, ASI Mesquite, ASI Plano West, Eagle's Wings Prosper, East Texas Gymnastics, GymTricks Gymnastics
Coaches' Meeting	2:25 PM
Open Stretch	2:30 PM
March In	2:45 PM
Competition	2:50 PM
Awards	5:20 PM