



Hosted By: ASI The Woodlands
March 25-27, 2022

DOORS WILL OPEN 15 MINUTES PRIOR TO OPEN STRETCH

Friday March 25, 2022

Session 1

<u>Level 1:</u>	ASI Cypress, ASI The Woodlands
<u>Level 2:</u>	ASI Cypress, ASI The Woodlands (Coach Britney)
<u>Level XB:</u>	Bannon's Gymnastix, Birons Gymnastics, Showcase Gymnastics
Coaches' Meeting	5:55 PM
Open Stretch	6:00 PM
March In	6:15 PM
Competition	6:25 PM
Awards	8:25 PM

Saturday March 26, 2022

Session 2

Level XG: Bannon's Gymnastix, Birons Gymnastics, Boerne Gymnastics, Extreme Killeen, Extreme Temple, Fitness Athletic Center, iTumble Gymnastics, Showcase Gymnastics, TAAG, United Elite, Velocity Gymnastics

Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:20 AM
Competition	8:30 AM
Awards	11:45 AM

Session 3

Level 6: Extreme Killeen, GYMACT, United Elite

Level XP: Boerne Gymnastics, Extreme Killeen, Extreme Temple, Showcase Gymnastics, United Elite, Velocity Gymnastics

Coaches' Meeting	12:45 PM
Open Stretch	12:50 PM
March In	1:05 PM
Competition	1:15 PM
Awards	4:00 PM

Session 4

Level 4: ASI The Woodlands, DSA, Extreme Killeen, Extreme Temple, TAAG

Level 5: ASI The Woodlands, Extreme Killeen, GYMACT, Houston Elite, TAAG

Level 7: Houston Elite, United Elite

Level 8: United Elite

Coaches' Meeting	5:00 PM
Open Stretch	5:05 PM
March In	5:20 PM
Competition	5:30 PM
Awards	8:35 PM

Sunday March 27, 2022

Session 5

Level 3 All Divisions: ASI Cypress, ASI The Woodlands, Boerne Gymnastics, DSA, Extreme Killeen, Extreme Temple, GYMACT, iTumble Gymnastics

Level XS Division 7: Birons Gymnastics, iTumble Gymnastics, Showcase Gymnastics

Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:20 AM
Competition	8:30 AM
Awards	11:10 AM

Session 6

Level XS Division 1-6: ASI The Woodlands, Birons Gymnastics, El Sol Sports, Extreme Killeen, Extreme Temple, Fitness Athletic Center, iTumble Gymnastics, Showcase, TAAG, Velocity Gymnastics

Coaches' Meeting	11:55 AM
Open Stretch	12:00 PM
March In	12:15 PM
Competition	12:25 PM
Awards	3:05 PM

Session 7

Level 1: GYMACT

Level 2: Boerne Gymnastics, Extreme Temple

Level XB: Extreme Temple, River City Gymnastics

Coaches' Meeting	3:50 PM
Open Stretch	3:55 PM
March In	4:10 PM
Competition	4:20 PM
Awards	6:05 PM

Sunday March 27, 2022

Session 8

<u>Level 1:</u>	DSA
<u>Level 2:</u>	ASI The Woodlands (Coach Sadie), DSA
<u>Level XB:</u>	El Sol Sports, TAAG, Velocity Gymnastics
Coaches' Meeting	6:45 PM
Open Stretch	6:50 PM
March In	7:05 PM
Competition	7:15 PM
Awards	8:30 PM