



## 2019 TAAF Qualifier | March 29-31

Irving Gymnastics

1706 W. Irving Blvd #150 | Irving, 75061 | 972-251-5555

[irvinggymnastics@hotmail.com](mailto:irvinggymnastics@hotmail.com)

Shelly Patrick – Cell:817-501-9590

### Meet Format: Continuous Capital Cup

#### Friday, March 29<sup>th</sup>

**Session 1 - Gym Opens: 5:30pm**

**Level 1 Large Teams ONLY – Olympo, Irving, Winkids,**

**All Xcel Bronze**

Open Stretch: 6:00pm

March In: 6:15pm

Competition: 6:30pm

#### Saturday, March 30<sup>th</sup>

**Session 2 - Gym Open 7:30**

**Level 3 Divisions To be Determined**

Open Stretch 8:00am

March In 8:15am

Competition: 8:30am

**Session 3**

**All Level 4**

Open Stretch 11:30am

March In: 11:45am

Competition: 12:00pm

**Session 4**

**All Xcel Silver**

Open Stretch 3:30pm

March in 3:45pm

Competition: 4:00pm

**Session 5**

**All Xcel Gold**

Open Stretch: 6:15pm

March in: 6:30pm

Competition: 6:45pm

## **Sunday, March 31<sup>st</sup>**

### **Session 6 – Gym Opens 7:30am**

**All Other Level 1's & Small teams & All Level 2's**

Open Stretch: 8:00am

March In: 8:15am

Competition: 8:30am

### **Session 7**

**Level 5, 6, 7 & All Xcel Platinum**

Open Stretch: 1:00pm

March In: 1:20pm

Competition: 1:30pm

### **Session 8**

**Level 3A & Level 3 Division to be Determined**

Open Stretch: 5:30pm

March In: 5:45

Competition: 6:00pm

## **Admission: CASH ONLY**

Adults: \$7

Children: \$5

We will also have an area called “The Beach” where parents can drop off their extra children/siblings during their session to enjoy movies, crafts, and games. This is \$3 per child and will be supervised by our staff.