

WOGA Frisco
5936 Nancy Jane Ln
Frisco, Texas
Hosted By
WOGA Gymnastics

Age determined as of April 2nd, 2023

Saturday, April 1st

Session 1

Sr. C1/C2/C3/C4/C5

Open Stretch
8:00 AM

Line up
8:20 AM

Flight A warm/up
8:30 AM

Competition begins
Awards to follow

Session 2

Sr. B1/B2/B3/B4/B5

Open Stretch
12:45 PM

Line up
1:05 PM

Flight A warm/up
1:15 PM

Competition begins
Awards to follow

Session 3

Sr. A1/A2/A3/A4/A5

Open Stretch
5:30 PM



Line up
5:50 PM

Flight A warm/up
6:00PM

Competition begins
Awards to follow

Sunday April 2nd

Session 4

Jr. C1/C2/C3/C4/C5

Open Stretch
8:00 AM

Line up
8:20 AM

Flight A warm/up
8:30 AM

Competition begins
Awards to follow

Session 5

Jr. B1/B2/B3/B4/B5

Open Stretch
12:30 PM

Line up
12:50 PM

Flight A warm/up
1:00 PM

Competition begins
Awards to follow



Session 6

Jr. A1/A2/A3/A4/A5

Open Stretch

5:00 PM

Line up

5:20 PM

Flight A warm/up

5:30 PM

Competition begins

Awards to follow

