

UPDATED 02/16/2020

Hosted By: ASI The Woodlands

February 22-23, 2020

Doors Will Open 15 Minutes Prior to Open Stretch for Each Session

Saturday February 22, 2020

Session 1

| <u>Level 3</u> : | ASI The Woodlands, BCS Gymnastics, Houston Elite Gymnastics, iTumble Gymnastics, Platinum Gymnastics Academy, Stars Gymnastics |
|------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Coaches' Meeting | 9:00 AM |
| Open Stretch | 9:05 AM |
| March In | 9:20 AM |
| Competition | 9:30 AM |
| Awards | 11:35 AM |

Saturday February 22, 2020

Session 2

| <u>Level XS</u> : | ASI The Woodlands, Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG, Velocity Gymnastics |
|-------------------|----------------------------------------------------------------------------------------------------------|
| Coaches' Meeting | 12:35 PM |
| Open Stretch | 12:40 PM |
| March In | 12:55 PM |
| Competition | 1:05 PM |
| Awards | 2:50 PM |
| | |

Session 3

| <u>Level 4</u> : | ASI The Woodlands, Anahuac Gymnastics, Austin Gymnastics Club, BCS Gymnastics, Houston Elite Gymnastics, Platinum Gymnastics Academy, Stars Gymnastics |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Level 5: | Austin Gymnastics Club, BSC Gymnastics, iTumble Gymnastics |
| Level 6: | Anahuac Gymnastics, Platinum Gymnastics, Stars Gymnastics |
| Level 7: | Anahuac Gymnastics |
| Level XG: | ASI The Woodlands, Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG |
| Level XP: | Bannon's Gymnastix |
| Coaches' Meeting | 3:50 PM |
| Open Stretch | 3:55 PM |
| March In | 4:10 PM |
| Competition | 4:20 PM |
| Awards | 7:40 PM |

Sunday February 23, 2020

Session 4

| Level 1: | ASI Cypress (Coach Gabrielle TH@5:30), Anahuac Gymnastics, iTumble Gymnastics |
|-------------------|--------------------------------------------------------------------------------------------|
| <u>Level 2</u> : | ASI The Woodlands (Coach Kelly), Anahuac Gymnastics, BCS Gymnastics, iTumble Gymnastics |
| <u>Level XB</u> : | Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG, Velocity Gymnastics |
| Coaches' Meeting | 9:00 AM |
| Open Stretch | 9:05 AM |
| March In | 9:20 AM |
| Competition | 9:30 AM |
| Awards | 11:10 AM |

Session 5

| Level 1: | ASI Cypress (Coach Gabrielle F@5), ASI The Woodlands |
|------------------|-----------------------------------------------------------------------------------------------|
| <u>Level 2</u> : | ASI The Woodlands (Coach Hunter & Coach Janee), Houston Elite Gymnastics, Stars Gymnastics |
| Coaches' Meeting | 12:00 PM |
| Open Stretch | 12:05 PM |
| March In | 12:20 PM |
| Competition | 12:30 PM |
| Awards | 2:05 PM |