



Hosted By: ASI The Woodlands

February 22-23, 2020

Doors Will Open 15 Minutes Prior to Open Stretch for Each Session

Saturday February 22, 2020

Session 1

Level 3: ASI The Woodlands, BCS Gymnastics, Houston Elite Gymnastics, iTumble Gymnastics, Platinum Gymnastics Academy

Coaches' Meeting 9:00 AM

Open Stretch 9:05 AM

March In 9:25 AM

Competition 9:35 AM

Awards 11:20 AM

Saturday February 22, 2020

Session 2

Level XS: ASI The Woodlands, Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG, Velocity Gymnastics

Coaches' Meeting 12:20 PM

Open Stretch 12:25 PM

March In 12:45 PM

Competition 12:55 PM

Awards 2:35 PM

Session 3

Level 4: ASI The Woodlands, Austin Gymnastics Club, BCS Gymnastics, Houston Elite Gymnastics, Platinum Gymnastics Academy

Level 5: Austin Gymnastics Club, BSC Gymnastics, iTumble Gymnastics

Level 6: Platinum Gymnastics

Level XG: ASI The Woodlands, Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG

Level XP: Bannon's Gymnastix

Coaches' Meeting 3:35 PM

Open Stretch 3:40 PM

March In 4:00 PM

Competition 4:10 PM

Awards 7:00 PM

Sunday February 23, 2020

Session 4

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| <u>Level 1:</u> | ASI Cypress (Coach Gabrielle TH@5:30), iTumble Gymnastics |
| <u>Level 2:</u> | ASI The Woodlands (Coach Kelly), BCS Gymnastics, iTumble Gymnastics |
| <u>Level XB:</u> | Bannon's Gymnastix, Biron Gymnastics, G-4orce Athletics, TAAG, Velocity Gymnastics |
| Coaches' Meeting | 9:00 AM |
| Open Stretch | 9:05 AM |
| March In | 9:20 AM |
| Competition | 9:30 AM |
| Awards | 11:00 AM |

Session 5

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| <u>Level 1:</u> | ASI Cypress (Coach Gabrielle F@5), ASI The Woodlands |
| <u>Level 2:</u> | ASI The Woodlands (Coach Hunter & Coach Janee), Houston Elite Gymnastics |
| Coaches' Meeting | 11:50 AM |
| Open Stretch | 11:55 AM |
| March In | 12:10 PM |
| Competition | 12:20 PM |
| Awards | 1:50 PM |