

Paradise Classic
Hosted By: ASI Woodlands
March 4-5, 2023

DOORS WILL OPEN 15 MINUTES PRIOR TO OPEN STRETCH FOR EACH SESSION

Saturday March 4, 2023

Session 1

<u>Level 1:</u>	ASI Cypress, ASI Woodlands (Coach Emily)
<u>Level 2:</u>	ASI Woodlands, Olympo Gymnastics
<u>Level XB:</u>	iTumble Gymnastics (Group 1 – 9 Athletes)
Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:25 AM
Competition	8:35 AM
Awards	10:10 AM

Session 2

<u>Level 1:</u>	ASI Woodlands (Coach Britney & Coach Terrence), Olympo Gymnastics
<u>Level 2:</u>	ASI Cypress, Houston Elite
<u>Level XB:</u>	Birons Gymnastics, iTumble (Group 2 – 10 Athletes)
Coaches' Meeting	10:55 AM
Open Stretch	11:00 AM
March In	11:20 AM
Competition	11:30 AM
Awards	12:55 PM

Saturday March 4, 2023

Session 3

Level XG: ASI Woodlands, Fitness Athletic Center, iTumble Gymnastics, Royals Gymnastics, Showcase 1, Velocity Gymnastics

Coaches' Meeting 1:40 PM

Open Stretch 1:45 PM

March In 2:05 PM

Competition 2:15 PM

Awards 4:20 PM

Session 4

Level 4: ASI Woodlands, Olympo Gymnastics, Royals Gymnastics, TAAG

Level 5: ASI Woodlands, Houston Elite

Level 7: Houston Elite, TAAG

Level XP: Royals Gymnastics, Showcase 1, Velocity Gymnastics

Coaches' Meeting 5:15 PM

Open Stretch 5:20 PM

March In 5:40 PM

Competition 5:50 PM

Awards 7:45 PM

Sunday March 5, 2023

Session 5

Level XS (Divisions 4, 5, 6, & 7):

ASI Woodlands, Birons Gymnastics, El Sol Sports, iTumble Gymnastics, Royals Gymnastics, Showcase 1, Showcase 2, TAAG, Velocity

Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:25 AM
Competition	8:35 AM
Awards	10:50 AM

Session 6

Level 3: ASI Cypress, ASI Woodlands, Houston Elite, Olympo Gymnastics, Royals Gymnastics, TAAG

Level XS (Div 1, 2, 3): ASI Woodlands, El Sol Sports, iTumble Gymnastics, Royals Gymnastics, Showcase 1, Velocity

Coaches' Meeting	11:50 AM
Open Stretch	11:55 AM
March In	12:15 PM
Competition	12:25 PM
Awards	2:45 PM

Session 7

Level XB: El Sol Sports, Showcase 1, Showcase 2, TAAG, Velocity

Coaches' Meeting	3:45 PM
Open Stretch	3:50 PM
March In	4:10 PM
Competition	4:20 PM
Awards	5:35 PM