

# Pre-Season Ranking Meet

Hosted By: ASI Lakewood

December 10-11, 2022

**\*Doors Will Open 15 Minutes Prior to Open Stretch\***

**Saturday December 10, 2022**

## **Session 1**

Level 1: ASI Allen (W@4 Coach Izzy), ASI Lakewood, ASI Mesquite (Coach Eddie)

Level 2: ASI Firewheel, ASI Keller, ASI Mesquite, ASI Plano West

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:20 AM

Competition 8:30 AM

Awards 10:10 AM

## **Session 2**

Level 1: ASI Arlington (Coach Jade), ASI Keller (Coach Brittney), ASI Mesquite (Coach Allison),  
ASI Plano West (Coach Jessica)

Level 2: ASI Allen, ASI Lakewood

Coaches' Meeting 10:55 AM

Open Stretch 11:00 AM

March In 11:15 AM

Competition 11:25 AM

Awards 12:50 PM

## **Saturday December 10, 2022**

### **Session 3**

Level 1: ASI Allen (T@4 Coach Izzy), ASI Cypress, ASI Firewheel (Coach Haley & Coach Manny)

Level 2: ASI Arlington, ASI Cypress, ASI Rockwall, ASI Woodlands

Coaches' Meeting 1:35 PM

Open Stretch 1:40 PM

March In 1:55 PM

Competition 2:05 PM

Awards 3:35 PM

### **Session 4**

Level 1: ASI Arlington (Coach Kimberly), ASI Firewheel (Coach Brittnee),  
ASI Keller (Coach Morgan), ASI Plano West (Coach Julianna), ASI Rockwall,  
ASI Woodlands

Coaches' Meeting 4:20 PM

Open Stretch 4:25 PM

March In 4:40 PM

Competition 4:50 PM

Awards 6:30 PM

## **Sunday December 11, 2022**

### **Session 5**

Level XS: ASI Firewheel, ASI Keller, ASI Mesquite, ASI Plano West, ASI Rockwall, ASI Woodlands, iTumble Gymnastics

Level XG: ASI Woodlands

Level 4: ASI Allen, ASI Arlington, ASI Firewheel, ASI Keller, ASI Lakewood, ASI Mesquite, ASI Plano West, ASI Woodlands

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 11:20 AM

### **Session 6**

Level 3: ASI Allen, ASI Arlington, ASI Cypress, ASI Firewheel, ASI Keller, ASI Lakewood, ASI Mesquite, ASI Rockwall, ASI Woodlands, Forever Gymnastics

Coaches' Meeting 12:05 PM

Open Stretch 12:10 PM

March In 12:30 PM

Competition 12:40 PM

Awards 2:55 PM