Shimmer and Shine

Hosted By: ASI Firewheel

January 5, 2025

Doors Will Open 15 Minutes Prior to Open Stretch for Each Session

Sunday, January 5, 2025

Session 1

<u>Level 1</u>: ASI Allen(Coach Anna), ASI Arlington(Coach Eleanor and Coach Hailey),

ASI Firewheel(Coach Natalie), ASI Lakewood(Coach Olivia and Coach Peter),

ASI Mesquite, ASI Plano West(Coach Julianna W@5), ASI Rockwall

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:20 AM

Competition 8:30 AM

Awards 10:15 AM

Session 2

<u>Level 1</u>: ASI Allen(Coach Kelsey), ASI Arlington (Coach Aerris), ASI Firewheel(Coach Emma),

ASI Keller, ASI Lakewood (Coach Macie),

ASI Plano West (Coach Julianna TH@5 & Coach Sarah)

Coaches' Meeting 11:00 AM

Open Stretch 11:05 AM

March In 11:20 AM

Competition 11:30 AM

Awards 1:25 PM

Sunday, January 5, 2025

Session 3

<u>Level 2</u>: ASI Allen, ASI Arlington, ASI Firewheel, ASI Keller, ASI Lakewood,

ASI Mesquite, ASI Plano West, ASI Rockwall

Coaches' Meeting 2:10 PM

Open Stretch 2:15 PM

March In 2:30 PM

Competition 2:40 PM

Awards 4:25 PM