

Shimmer and Shine

Hosted By: ASI Firewheel

January 17-18, 2026

Doors Will Open 15 Minutes Prior to Open Stretch for Each Session

Saturday, January 17, 2026

Session 1

<u>Level 1:</u>	ASI Allen (Coach Isabella), ASI Arlington (Coach Audrey and Aaliyah), ASI Keller (Coach Lilly and Coach Jaloni), ASI Lakewood (Coach Morgan), ASI Plano West
Coaches' Meeting	2:30PM
Open Stretch	2:35 PM
March In	2:50 PM
Competition	3:00 PM
Awards	4:50 PM

Session 2

<u>Level XB:</u>	ASI Arlington (Coach KaDee F@6:30), ASI Keller (Coach Sophia F@5), ASI Lakewood, ASI Plano West (Coach Avery), ASI Rockwall (Coach Chloe)
<u>Level XS:</u>	ASI Firewheel, ASI Mesquite, ASI ASI Plano West, ASI Rockwall
Coaches' Meeting	5:50 PM
Open Stretch	5:55 PM
March In	6:10 PM
Competition	6:20 PM
Awards	8:10 PM

Sunday, January 18, 2026

Session 3

Level 1: ASI Allen (Coach Kelsey), Arlington (Coach Anabel), ASI Firewheel,
ASI Keller (Coach Audrey), ASI Lakewood (Coach Peter), ASI Mesquite, ASI Rockwall

Coaches' Meeting	9:00 AM
Open Stretch	9:05 AM
March In	9:20 AM
Competition	9:30 AM
Awards	11:20 AM

Session 4

Level 2: ASI Allen, ASI Arlington, ASI Keller, ASI Lakewood, ASI Mesquite, ASI Plano West

Coaches' Meeting	12:20 PM
Open Stretch	12:25 PM
March In	12:40 PM
Competition	12:50 PM
Awards	2:40 PM

Session 5

Level XB: ASI Allen, ASI Arlington (Coach KaDee Th@4:30), ASI Firewheel,
ASI Keller (Coach Sophia Th@5), ASI Mesquite, ASI Park Lane, ASI Plano West,
ASI Rockwall (Coach Kayla)

Coaches' Meeting	3:40 PM
Open Stretch	3:45 PM
March In	4:00 PM
Competition	4:10 PM
Awards	5:55 PM