



Hosted By: ASI The Woodlands

**\*Doors Will Open 15 Minutes Prior to Open Stretch\***

**Saturday March 30, 2019**

**Session 1**

Level 5: Platinum Gymnastics Academy, Stars

Level 6: Anahuac, G-4orce Athletics, GYMACT Gymnastics, Platinum Gymnastics Academy, Stars

Level 7: GYMACT Gymnastics

Level 8: Platinum Gymnastics Academy

Level XG: Bannon's Gymnastix, Biron Youth Sports Center

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 10:50 AM

**Saturday March 30, 2019**

**Session 2**

Level 3A: Bannon's Gymnastix, Platinum Gymnastics Academy

Level 3P: Anahuac, ASI The Woodlands, Bannon's Gymnastix, Elite Gymnastics of Tyler, G-4orce Athletics, GYMACT Gymnastics, Houston Elite, Platinum Gymnastics Academy, Stars

Coaches' Meeting 11:50 AM

Open Stretch 11:55 AM

March In 12:15 PM

Competition 12:25 PM

Awards 2:40 PM

**Session 3**

Level 4: Anahuac, ASI The Woodlands, Austin Gymnastics Club, Elite Gymnastics of Tyler, G-4orce Athletics, GYMACT Gymnastics, Houston Elite, Platinum Gymnastics Academy, Stars

Coaches' Meeting 3:40 PM

Open Stretch 3:45 PM

March In 4:05 PM

Competition 4:15 PM

Awards 6:45 PM

**Sunday March 31, 2019**

**Session 4**

Level 1: ASI Cypress (Coach Kaitlyn), ASI The Woodlands (Coach Janee)

Level 2: ASI Cypress, ASI The Woodlands, Stars

Level XB: G-4orce Athletics

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 10:15 AM

**Session 5**

Level 2: Bannon's Gymnastix, Elite Gymnastics of Tyler, Houston Elite

Level XS: ASI The Woodlands, Bannon's Gymnastix, Biron Youth Sports Center, G-4orce Athletics, TAAG

Coaches' Meeting 11:15 AM

Open Stretch 11:20 AM

March In 11:40 AM

Competition 11:50 AM

Awards 1:10 PM

**Sunday March 31, 2019**

**Session 6**

Level 1: Anahuac, ASI Cypress (Coach Gabrielle),  
ASI The Woodlands (Coach Kelly, Coach Kristi, and Coach Huner), Bannon's Gymnastix

Level 2: Anahuac

Level XB: Bannon's Gymnastix

Coaches' Meeting 2:10 PM

Open Stretch 2:15 PM

March In 2:35 PM

Competition 2:45 PM

Awards 4:00 PM