



TAAF STATE MEET

Level 3P and Xcel Silver

Trevino's Gymnastics

**1438 S. I-35E
LANCASTER, TEXAS 75146
972-223-0167
May 4-5, 2019**

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, May 4, 2019

SESSION 1

Xcel Silver – Divisions 1A, 1B, 1C, 3A

Gym Opens:	7:30am
Open Stretch:	8:00am
March In:	8:20am
Timed Warm Up:	8:30am
Competition:	8:35am
Awards to follow	

Saturday, May 4, 2019

SESSION 2

Xcel Silver – Divisions 2A, 2B, 2C, 4A

Open Stretch:	11:00am
March In:	11:20am
Timed Warm Up:	11:30am
Competition:	11:40am
Awards to follow	

Saturday, May 4, 2019

SESSION 3

Level 3P: Divisions – 1A, 1B, 1C, 2A, 2B

Open Stretch: 2:00pm
March In: 2:20pm
Timed Warm Up: 2:30pm
Competition: 2:40pm
Awards to follow

Saturday, May 4, 2019

SESSION 4

Level 3P – Divisions – 2C, 3A, 3B, 3C

Open Stretch: 6:00pm
March In: 6:20pm
Timed Warm Up: 6:30pm
Competition: 6:40pm
Awards to follow

Sunday, May 5, 2019

SESSION 5

Level 3P – Divisions – 4A, 4B, 4C, 5A, 5B

Gym Opens: 7:30am
Open Stretch: 8:00am
March In: 8:20am
Timed Warm Up: 8:30am
Competition: 8:40am
Awards to follow

Sunday, May 5, 2019

SESSION 6

Level 3P – Divisions – 5C, 6A, 6B, 7A, 7B

Open Stretch: 12:00pm
March In: 12:20am
Timed Warm Up: 12:30pm
Competition: 12:40pm
Awards to follow