



## 2026 Heart & Soul TAAF Qualifier Competition Schedule

### Meet site:

Richardson Gymnastics  
300 E, Arapaho Road  
Richardson, TX 75081

All sessions are modified traditional with 2 beams and bump in warm up on floor.

### **Saturday, February 28, 2026**

#### **Session 1 – Level 4s & 5s**

8:00AM Open Warm Up  
8:05AM Coaches' Meeting  
8:20AM Introductions  
8:30AM Competition Begins

#### **Session 2 – XCEL Gold, XCEL Platinum, Level 6 – **NEW START TIME****

**11:15AM** Open Warm Up  
**11:20AM** Coaches' Meeting  
**11:35AM** Introduction  
**11:45AM** Competition Begins

#### **Session 3 – Level 3 – **NEW START TIME****

**3:30PM** Open Warm Up  
**3:35PM** Coaches' Meeting  
**3:50PM** Introductions  
**4:00PM** Competition Begins



**Sunday, March 1, 2026**

**Session 4 – XCEL Silver**

8:00AM Open Warm Up

8:05AM Coaches' Meeting

8:20AM Introductions

8:30AM Competition Begins

**Session 5 – Level 2s**

11:45AM Open Warm Up

11:50AM Coaches' Meeting

12:05PM Introduction

12:15PM Competition Begins

**Session 6 – Level 1s, XCEL Bronze**

2:45PM Open Warm Up

2:50PM Coaches' Meeting

3:05PM Introduction

3:15PM Competition Begins