



Competition Schedule & Meet Information **Saturday, January 17, 2026**

Session 1 – Morning 94 Gymnasts **Level 2, Xcel Silver Division 5 & Plano Aerobats XS Ranking**

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:35 AM
Awards: 11:00 AM

Session 2 – Noon 67 Gymnasts **Xcel Gold – All Divisions**

Doors Open once previous session clears
Coaches Meeting 11:55 AM
Open Stretch: 12:00 PM
March In: 12:15 PM
Compete: 12:35 PM
Awards: 2:50 PM

Session 3 – Afternoon 59 Gymnasts **Level 4, Level 6 & Xcel Platinum – All Divisions**

Coaches Meeting 3:55 PM
Open Stretch: 4:00 PM
March In: 4:15 PM
Compete: 4:25 PM
Awards: 6:55 PM



Sunday, January 18, 2026

**Session 4 – Morning 67 Gymnasts
Level 1 & Xcel Bronze**

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:35 AM
Awards: 10:15 AM

**Session 5 – Mid-day 94 Gymnasts
Level 3, Xcel Silver Division 2,3,4 & Texas Tough XS Ranking**

Doors Open once previous session clears
Coaches Meeting 10:55 AM
Open Stretch: 11:00 AM
March In: 11:15 PM
Compete: 11:35 PM
Awards: 2:00 PM

**Session 6 – Afternoon 89 Gymnasts
Xcel Silver Division 6 & 7 & Xcel Silver Ranking from ASI Keller,
Decatur, Spirals & Win Kids**

Doors Open once previous session clears
Coaches Meeting 2:55 PM
Open Stretch: 3:00 PM
March In: 3:15 PM
Compete: 3:35 PM
Awards: 5:50 PM



Round'em Up Cowgirls Information

Meet Site:

Win Kids
3000 Waketon Rd
Flower Mound, TX 75028

Phone:

972-355-9988

Admission:

\$10.00 per Session Adults
\$18.00 Weekend Pass Adults
\$5.00 per Session Seniors/Military/First Responders
\$5.00 per Session Children (5-12)

Other:

Concessions, Programs, T-shirts and Shout-Outs will be available during all sessions.

Hotel:

Courtyard Marriott – Near the gym
4330 Courtyard Way
Flower Mound, TX 75028
214-626-2000

Home 2 Suites by Hilton
4231 River Walk Dr
Flower Mound, TX 75028
855-679-0366