



# *Level 3 and Xcel Silver State Championship Meet*

*Hosted By: Trevino's Gymnastics*

**1438 S. I-35E**

**LANCASTER, TEXAS 75146**

**972-223-0167**

**May 2-3, 2026**

**MEET FORMAT: CONTINUOUS CAPITAL CUP**

***Saturday***, May 2, 2026

## **SESSION 1**

**Level 3 – Divisions 4, 5, 6 & 7**

**Gym Opens: 7:30am**

Open Stretch: 8:00am

March In: 8:20am

Timed Warm Up: 8:30am

Competition: 8:38am

Awards to follow

***Saturday***, May 2, 2026

## **SESSION 2**

**Level 3 – Divisions 1, 2 & 3**

Open Stretch: 11:30am

March In: 11:50am

Timed Warm Up: 12:00pm

Competition: 12:08pm

Awards to follow

**Saturday**, May 2, 2026

**SESSION 3**

**Xcel Silver – Divisions 6 & 7**

**MEET FORMAT: Modified Traditional – This session only**

Open Stretch: 3:00pm  
March In: 3:20pm  
Warm Up/Compete: 3:30pm  
Awards to follow

**Saturday**, May 2, 2026

**SESSION 4**

**Xcel Silver – Division 5**

Open Stretch: 5:45pm  
March In: 6:05pm  
Timed Warm Up: 6:15pm  
Competition: 6:23pm  
Awards to follow

**Sunday**, May 3, 2026

**SESSION 5**

**Xcel Silver – Divisions 3 & 4**

Gym Opens: 7:30am  
Open Stretch: 8:00am  
March In: 8:20am  
Timed Warm Up: 8:30am  
Competition: 8:38am  
Awards to follow

**Sunday**, May 3, 2026

**SESSION 6**

**Xcel Silver – Divisions 1 & 2**

Open Stretch: 11:45am  
March In: 12:05pm  
Timed Warm Up: 12:15pm  
Competition: 12:21pm  
Awards to follow