



# Level 3 & Xcel Silver State Championship Meet

Hosted By: Trevino's Gymnastics

1438 S. I-35E  
LANCASTER, TEXAS 75146  
972-223-0167

May 4-5, 2024

## MEET FORMAT: CONTINUOUS CAPITAL CUP

**Saturday**, May 4, 2024

### **SESSION 1**

#### **Xcel Silver – Divisions 4 & 5**

**Gym Opens:** 7:30am  
Open Stretch: 8:00am  
March In: 8:20am  
Timed Warm Up: 8:29am  
Competition: 8:39am  
Awards to follow

**Saturday**, May 4, 2024

### **SESSION 2**

#### **Xcel Silver – Divisions 2, 6 & 7**

Open Stretch: 12:00pm  
March In: 12:20pm  
Timed Warm Up: 12:29pm  
Competition: 12:39pm  
Awards to follow

**Saturday**, May 4, 2024

**SESSION 3**

**Xcel Silver – Divisions 1 & 3**

Open Stretch: 4:00pm  
March In: 4:20pm  
Timed Warm Up: 4:29pm  
Competition: 4:39pm  
Awards to follow

**Sunday**, May 5, 2024

**SESSION 4**

**Level 3 – Divisions 4 & 5**

Gym Opens: 7:30am  
Open Stretch: 8:00am  
March In: 8:20am  
Timed Warm Up: 8:27am  
Competition: 8:37am  
Awards to follow

**Sunday**, May 5, 2024

**SESSION 5**

**Level 3 – Divisions 2, 6 & 7**

Open Stretch: 11:30am  
March In: 11:50am  
Timed Warm Up: 11:57am  
Competition: 12:07pm  
Awards to follow

**Sunday**, May 5, 2024

**SESSION 6**

**Level 3 – Divisions 1 & 3**

Open Stretch: 3:00pm  
March In: 3:20pm  
Timed Warm Up: 3:27pm  
Competition: 3:37pm  
Awards to follow