



February 25-26, 2023
Competition Schedule
Updated 2/20/23



Saturday, February 25-26, 2023

Session 1 – Morning 56 Gymnasts

Xcel Gold, Platinum & Level 8

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:40 AM
Awards: 10:55 AM

Session 2 – Noon 63 Gymnasts

Level 1 & Xcel Bronze

Doors Open once previous session clears
Coaches Meeting 11:55 AM
Open Stretch: 12:00 PM
March In: 12:15 PM
Compete: 12:35 PM
Awards: 2:10 PM

Session 3 – Afternoon 52 Gymnasts

Level 3 Div 1,2,4 & Level 2

Doors Open once previous session clears
Coaches Meeting 2:55 PM
Open Stretch: 3:00 PM
March In: 3:15 PM
Compete: 3:35 PM
Awards: 4:55 PM

Session 4 – Evening 52 Gymnasts

Level 3 Div 3,5,6,7

Doors Open once the previous session clears
Coaches Meeting 5:45 PM
Open Stretch: 5:50 PM
March In: 6:10 PM
Compete: 6:30 PM
Awards: 7:55 PM



Sunday, February 26, 2023

**Session 5 –Morning 62 Gymnasts
Xcel Silver**

Doors Open at	7:30 AM
Coaches Meeting	7:55 AM
Open Stretch:	8:00 AM
March In:	8:15 AM
Compete:	8:40 AM
Awards:	10:55 AM

**Session 6 – Mid day 61 Gymnasts
Level 4, 5, 6, 7 & Xcel Diamond**

Doors Open once previous session clears

Coaches Meeting	11:40 AM
Open Stretch:	11:45 AM
March In:	12:00 PM
Compete:	12:25 PM
Awards:	3:10 PM



Round'em Up Cowgirls Information

Meet Site:

Win Kids
3000 Waketon Rd
Flower Mound, TX 75028

Phone:

972-355-9988

Admission:

\$10.00 per Session Adults
\$18.00 Weekend Pass Adults
\$7.00 per Session Seniors
\$5.00 per Session Children (3-12)

Other:

Concessions, Programs, T-shirts, Leotards by GK and
Shout-Outs will be available during all sessions.

Hotel:

Courtyard Marriott – Closets to the gym
4330 Courtyard Way
Flower Mound, TX 75028
214-626-2000