



PRESENTED BY
 ASCENSION PARISH TOURISM COMMISSION
VALOR GYMNASTICS **Lone Star** GYMNASTICS

Friday, April 21, 2023

Session 1	Level 31- A, B, C	Start	Est. End
Level 31 Athletes	Birthday On or After 9/29/2014	2:00 PM	5:00 PM
Session 2	Level 31- D, E, F	Start	Est. End
Level 31 Athletes	Birthday On or Before 9/28/2014	5:30 PM	8:45 PM

Saturday, April 22, 2023

Session 3	Level 51- A, B, C	Start	Est. End
Level 51 Athletes	Birthday On or After 5/8/2012	8:00 AM	11:30 AM
Session 4	Level 51- D, E + Level 52 All	Start	Est. End
Level 51 Athletes Level 52 Athletes	Birthday Between 1/10/2011-5/7/2012 ALL Ages	12:00 PM	3:00 PM
Session 5	Level 6 All + Level 51- F	Start	Est. End
Level 51 Athletes Level 6 Athletes	Birthday On or Before 1/9/2011 ALL Ages	3:30 PM	7:00 PM

Sunday, April 23, 2023

Session 6	Level 42 All + Level 41- A & B	Start	Est. End
Level 41 Athletes Level 42 Athletes	Birthday On or After 1/20/2014 ALL Ages	8:00 AM	11:15 AM
Session 7	Level 41- C & D	Start	Est. End
Level 41 Athletes	Birthday Between 9/27/2012-1/19/2014	11:45 AM	2:45 PM
Session 8	Level 41- E & F	Start	Est. End
Level 41 Athletes	Birthday On or Before 9/26/2012	3:00 PM	6:00 PM