

# **Hosted By: ASI Allen**

January 30-31, 2021

All COVID-19 guidelines are subject to change at any point.

Doors will open 15 minutes prior to open stretch. All COVID-19 State and Local guidelines will be followed. Please note up to 2 guests will be allowed with each athlete. This includes children ages 3+. We will be counting the number of attendees for each athlete at the door. Masks are required for all spectators 10 years and older. Athletes will be required to wear a mask during open stretch and between rotations. More specific regulations and parameters will be provided closer to the meet weekend.

## Saturday January 30, 2021

#### Session 1

<u>Level 2</u>: ASI Arlington (Coach Tiffany & Coach Vincent), ASI Firewheel (Coach Leith),

ASI Lakewood, ASI Plano West

Level XB: Burleson Stars

Coaches' Meeting 2:55 PM

Open Stretch 3:00 PM

Competition 3:15 PM

Awards 4:25 PM

#### Session 2

<u>Level 2</u>: ASI Allen, ASI Arlington (Coach Olivia & Coach Dee Dee), ASI Firewheel (Coach Megan),

ASI Keller, ASI Mesquite, ASI Rockwall

Coaches' Meeting 5:25 PM

Open Stretch 5:30 PM

Competition 5:45 PM

Awards 6:55 PM

## Sunday January 31, 2021

## Session 3

<u>Level 1</u>: ASI Firewheel (Coach Anabeth), ASI Lakewood, ASI Mesquite (Coach Allison),

**ASI Plano West** 

Coaches' Meeting 8:55 AM

Open Stretch 9:00 AM

Competition 9:15 AM

Awards 10:30 AM

## Session 4

<u>Level 1</u>: ASI Allen, ASI Arlington, ASI Firewheel (Coach Anika), ASI Keller,

ASI Mesquite (Coach Jon), ASI Rockwall

Coaches' Meeting 11:25 AM

Open Stretch 11:30 AM

Competition 11:45 AM

Awards 1:00 PM