Saturday, February 29, 2020

Session 1 – Morning 61 Gymnasts

Level 6,7, 8, Xcel Platinum & Xcel Dimond

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:40 AM
Awards: 11:20 AM

Session 2 – Mid Day 89 Gymnasts
Level 4 & Level 5

Doors Open once previous session clears
Coaches Meeting 12:40 PM
Open Stretch: 12:45 PM
March In: 1:00 PM
Compete: 1:25 PM
Awards: 4:25 PM

Session 3 – Evening 90 Gymnasts
Level 3 & Small Team Level 2's from United Elite, East Tx Twisters
Mineola & Canton, Impact Athletics and DGA

Doors Open once previous session clears

Coaches Meeting	5:40 PM
Open Stretch:	5:45 PM
March In:	6:00 PM
Compete:	6:20 PM
Awards:	8:35 PM

Sunday, March 1, 2020

Session 4 –Morning 90 Gymnasts
Level 1, Xcel Bronze from Gym Tricks, Level 2 Large Teams
Win Kids, Excite, Irving Dynamic & Outlaw

Doors Open at	7:30 AM
Coaches Meeting	7:55 AM
Open Stretch:	8:00 AM
March In:	8:15 AM
Compete:	8:40 AM
Awards:	10:55 AM

Session 5 – Mid day 91 Gymnasts
Xcel Bronze – Excite & Achievers, Xcel Silver & Xcel Gold

Doors Open once previous session clears

Coaches Meeting	11:40 AM
Open Stretch:	11:45 AM
March In:	12:00 PM
Compete:	12:25 PM
Awards:	3:10 PM

Round'em Up Cowgirls Information

Meet Site: Win Kids
3000 Waketon Rd
Flower Mound, TX 75028

Phone: 972-355-9988

Admission: $10.00 per Session Adults
$18.00 Weekend Pass Adults
$7.00 per Session Seniors
$5.00 per Session Children (5-12)

Other: Concessions, Programs, T-shirts, Leotards by GK, Shout-Outs and Flowers will be available during all sessions.

Hotel: Courtyard Marriott

4330 Courtyard Way
Flower Mound, TX 75028
214-626-2000